

What Happens When I Contact The Aging Resource Center Program?

During your stay at the hospital or short-term rehab, an Aging Resource Specialist will visit you to talk about community resources and services.

Together you can consider options and make decisions about what is needed when you return home.

The Aging Resource Specialist will also work with your discharge team to help plan for your return home.

Aging Resource Center Program

The Aging Resource Center program is offered through Aging Care Connections located in downtown La Grange.

Since 1971, Aging Care Connections has provided social services to adults age 60 and older and their families members in 22 west and southwest suburban communities. Aging Care Connections is dedicated to providing care options to seniors to enhance their ability to remain as independent and productive as possible in their own communities.

Aging Care Connections is the connection to the most comprehensive, expert information, programs and services enabling older adults to remain independent and their families to make the best, most informed decisions regarding needed care in their lives.



Aging Resource Center Program

Bridging the path between Hospital and Home



aging care connections

Your Source For Senior Care

Aging Care Connections

111 W. Harris Avenue

La Grange, IL 60525

Phone: 708-354-1323

www.agingcareconnections.org



aging care connections

Your Source For Senior Care

Formerly Southwest Suburban Center on Aging

What Is The Aging Resource Center Program?



The Aging Resource Center (ARC) Program

offers older adults and families the opportunity to explore and secure community

resources and services prior to discharge from the hospital and/or skilled care facilities.

The Aging Resource Center Program offers patients and families:

Connection to Services

- On-site assessment for seamless access to in-home services
- Follow-up services at home provided by professional care managers

Community Resources

- Home delivered meals
- Bathing and housekeeping assistance
- Information and support for caregivers
- Adaptive equipment
- Transportation
- State and federal benefit programs
- Additional community resources

Health Information and Educational Materials

The Aging Resource Center Hospital Program

The Aging Resource Center Program office is located on-site at Adventist La Grange Memorial Hospital. An Aging Resource Specialist staffs the ARC office and can meet in the patient's room, in family waiting rooms, and in the ARC office.

The Aging Resource Specialist can also provide assistance on an outpatient basis to older adults and families at the hospital, by phone, or by e-mail.



For more information about the Aging Resource Center Hospital Program, please visit or call:

Aging Resource Center Office Adventist La Grange Memorial Hospital

5101 S. Willow Springs Road
La Grange, IL 60525
Phone: 708-245-8083
Email: arc@agingcareconnections.org

Walk - In Hours:

Monday - Friday
10 a.m. - 3 p.m. (or by appointment)

The Aging Resource Center Short-Term Rehab Program

The Aging Resource Center's Short-Term Rehab Program

is a recent expansion of the hospital program. The same specialized services provided by the Aging Resource Specialist at the hospital are now also available at local skilled care facilities.

The Aging Resource Center Short-Term Rehab Program currently serves older adult patients and their families by appointment at:

- Lexington Health Care of La Grange
- Meadowbrook Manor Nursing and Rehabilitation of La Grange
- The British Home



For more information about the Short-Term Rehab Program or to schedule an appointment, please call:
Phone: (708) 990-5156